

# HIGHEST POTENTIAL

## HOUSE 10

**BUILDING  
A STRONG  
FOUNDATION**

# What is the highest potential of your compassionate self or your generosity?

## WHAT IS SELF-COMPASSION?

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### Mindfulness

Self-compassion involves recognising when we're stressed or struggling without being judgmental or over-reacting.



### Self-Kindness

Being supportive and understanding towards ourselves when we're having a hard time, rather than being harshly self-critical.



### Connectedness

Remembering that everyone makes mistakes and experiences difficulties at times. We are not alone!

What is the highest potential when it comes to empowering another?



**What is the highest potential you can strive for with your talents?**

**REACH FOR YOUR HIGHEST**

**POTENTIAL**

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**Your highest potential is what your Sacred Contract is prompting you to recognize and realize. What does your Soul say about this contract?**



**Think of your Sacred Contract as a life course in which you are meant to learn many lessons. -Caroline Myss**

# DESTINY

It is related to the choices you make regarding your **Spiritual** destiny.

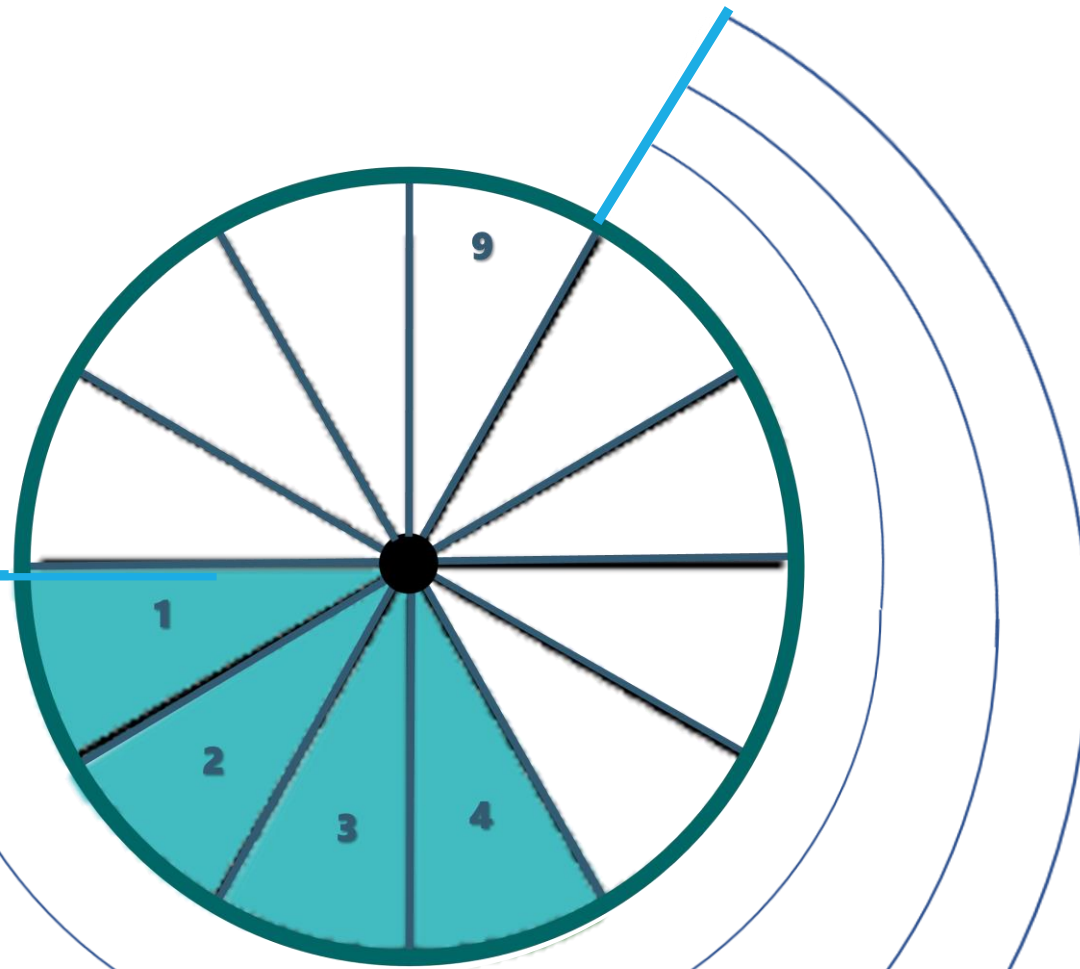
What does your **Soul** say about your **Destiny**?

**We are called to Evolve or Repeat during this Life Cycle.**



**DIVINE US  
INVOLUTION**

Personal us



*Ego's Journey*

*Soul's Journey*

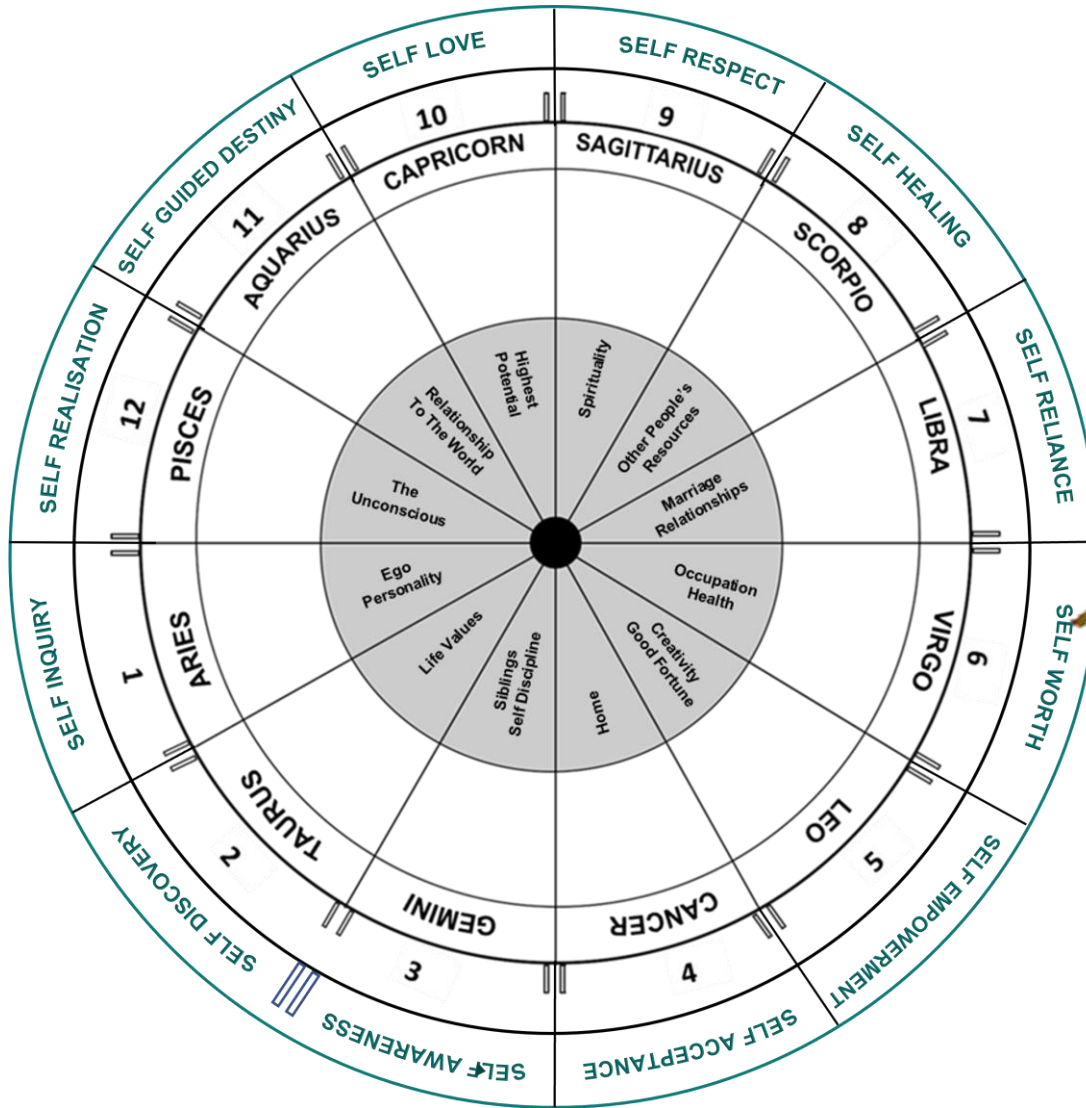
*Spirit's Journey*

**1** Mirroring to evolve

**2** Shatter the mirror

**3** There is no mirror

**The further we are from  
the "Truth" of us, the  
harder the Journey**



# SOUL GUIDED JOURNEY



# THE JOURNEY BEGINS

## Incarnation

Ego & Personality

Base Chakra - "I Am"

Solar Plexus - "I Can"

Life Values

Sex Chakra -

"I Feel" "I desire"

Self Discipline

Siblings

Solar Plexus - "I Can"

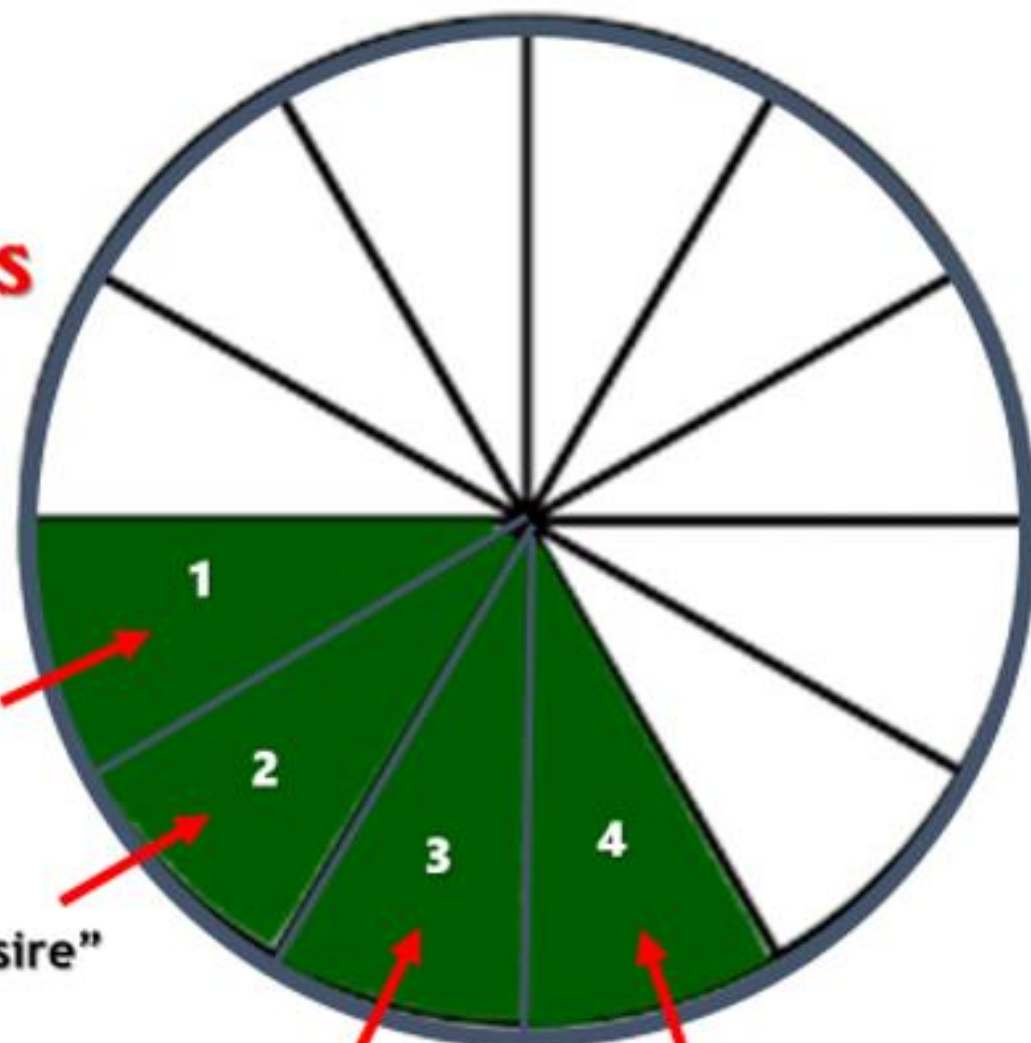
Throat Chakra - "I Speak"

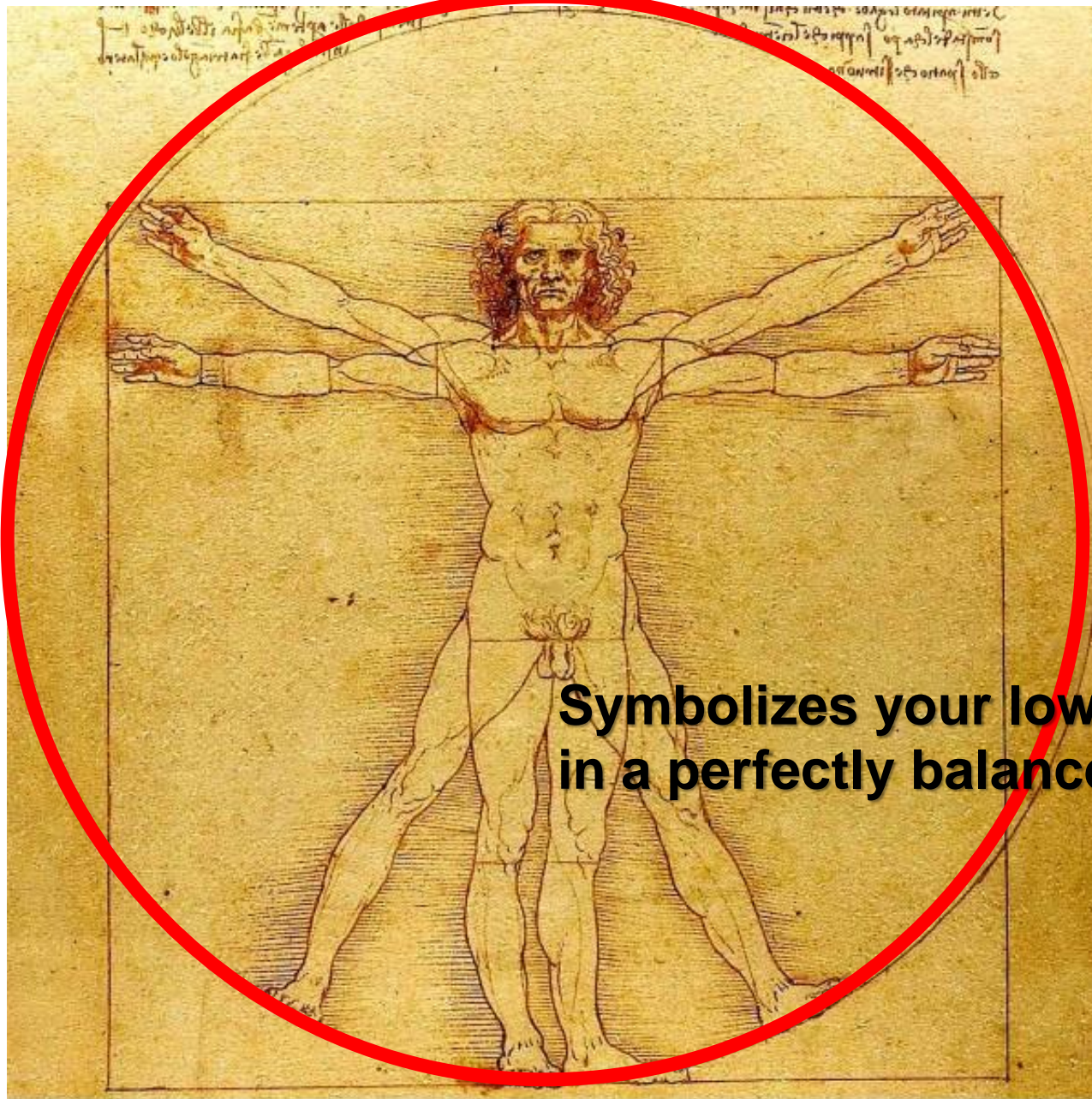
Home

Base Chakra - "I Am"

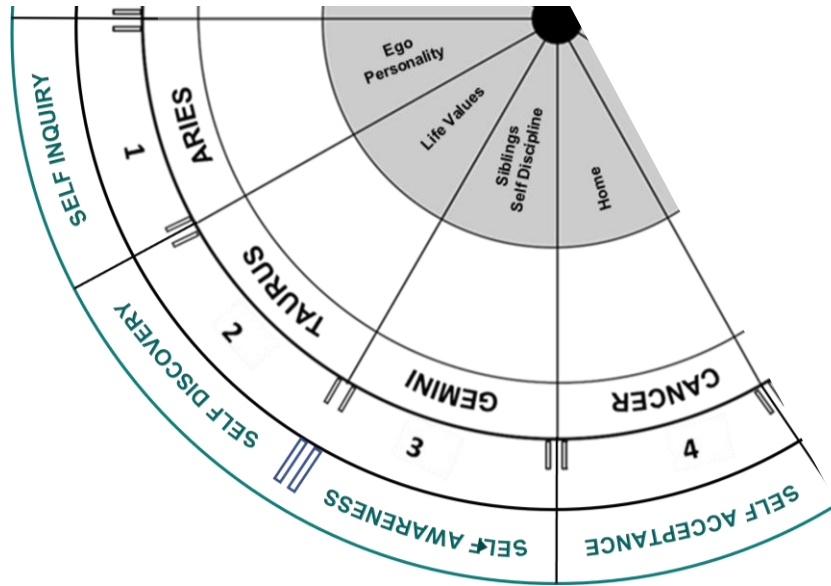
Heart Chakra - "I Love"

"I Bring Light to"



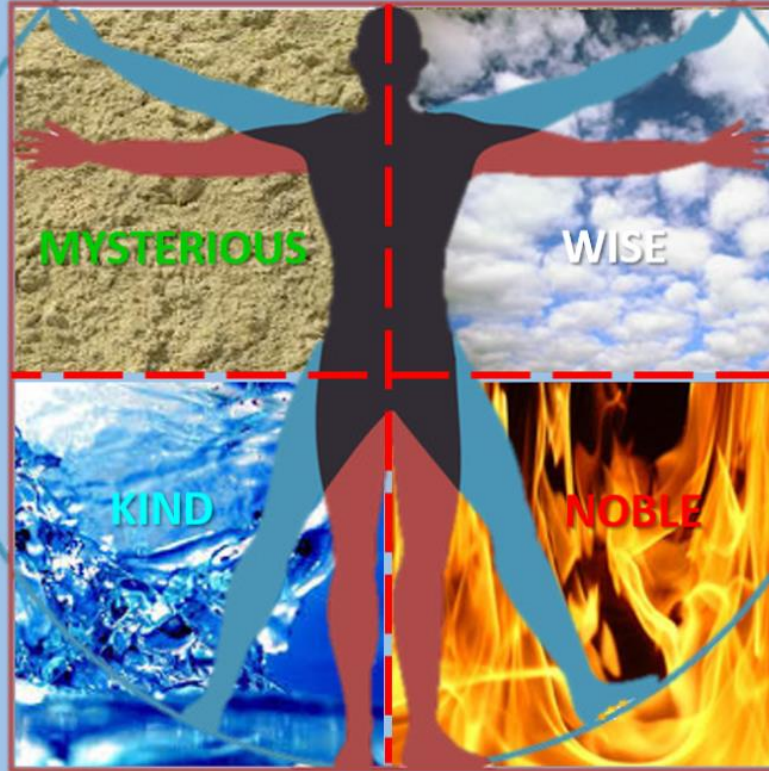


**Symbolizes your lower being  
in a perfectly balanced state.**



**The first 4 House  
form our  
Foundation of  
Self  
Through the 4  
Lower Bodies**





*Build your Earthly Temple on a strong foundation  
so that it becomes the stronghold of your Being.*

Dr Rosemary McCallum ©2020

**ARIES**

**FIRE**

**1- THE PIONEER**

**CREATIVITY THROUGH  
SECURITY**

**SELF-INQUIRY**

**TAURUS**

**EARTH**

**2- THE MEDIATOR**

**CO-OPERATION THROUGH  
BALANCE**

**SELF-DISCOVERY**

**GEMINI**

**AIR**

**3- THE COMMUNICATOR**

**EXPRESSION THROUGH  
SENSITIVITY**

**SELF-AWARENESS**

**CANCER**

**WATER**

**4- THE TEACHER**

**STABILITY THROUGH  
PROCESS**

**SELF-ACCEPTANCE**

# THE TWELVE HOUSES OF ASTROLOGY

## FIRST HOUSE – ARIES



*Infancy and the discovery of an individuated self.* This is the first sign and is therefore understood as a pure, ferocious, unbridled infantile energy — the first electrical jolt of ego and human consciousness. This house also rules intrinsic identity.

Astrology's understand of the 1st house, ruling a specific collective experience, suggests that the malleability and newness of this ego-birth can be incredibly vulnerable to **projection**. When we dress our infants, we project a style and personality unto them. We project future careers and gifts and talents and anxieties and phobias and faults. Therefore, planets in the 1st house are said to represent the specific projections our parents made unto us from the moment of birth, and in turn, how our egos unknowingly seek to receive attention and affection from the world.





## Fire Element Teaches Us About Transformation.

Fire doesn't represent a stage of consciousness or way of experiencing life. Rather, it symbolizes a transition from one state of consciousness to another.

It represents the force that shows you what aspects of Earth or Air you have not yet mastered. It manifests in your life to communicate to you those parts of your body or mind that need further attention or development or healing or love.

It shows you where you are resisting the flow of the universe. By uncovering this resistance, you know the places where you need to practice letting go or non-judgement or non-attachment.

In this way it is like the bridge between the states of consciousness that you are so familiar with and the enlightened consciousness spoken of by spiritual masters throughout the ages. If you haven't yet crossed the Fire Element bridge, you are still completely identified with a self and a body. Because this identification hasn't yet burned away, life will be marked by dissatisfaction and change and limitation. The Fire Element brings the promise of ending all of this.



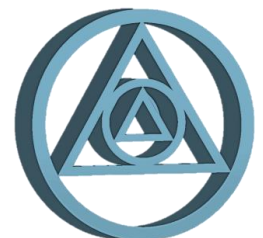


# First House

**Represents:** Ego & Personality  
**Interacts with:** First & Third Chakra  
**Corresponds to:** Aries

Your Identity, self esteem & awareness of your ego lay the groundwork for your life.

How you conduct yourself with others, and whether you have the strength to make your way without needing to ask another's permission, depends on how well you succeed at the many challenges that awaken your need to take charge of who you are





# 4 Lower Bodies

## Astral Field – 4<sup>th</sup> Body

Amorphous rainbow of colours which emanate from the heart centre between altruism and self centredness. Correlates to the **HEART CHAKRA**

## Mental Field – 3<sup>rd</sup> Body

Yellow Gold structured gridwork which holds mental processes and problem solving.

Correlates with **SOLAR PLEXUS CHAKRA**

## Emotional Field - 2<sup>nd</sup> Body

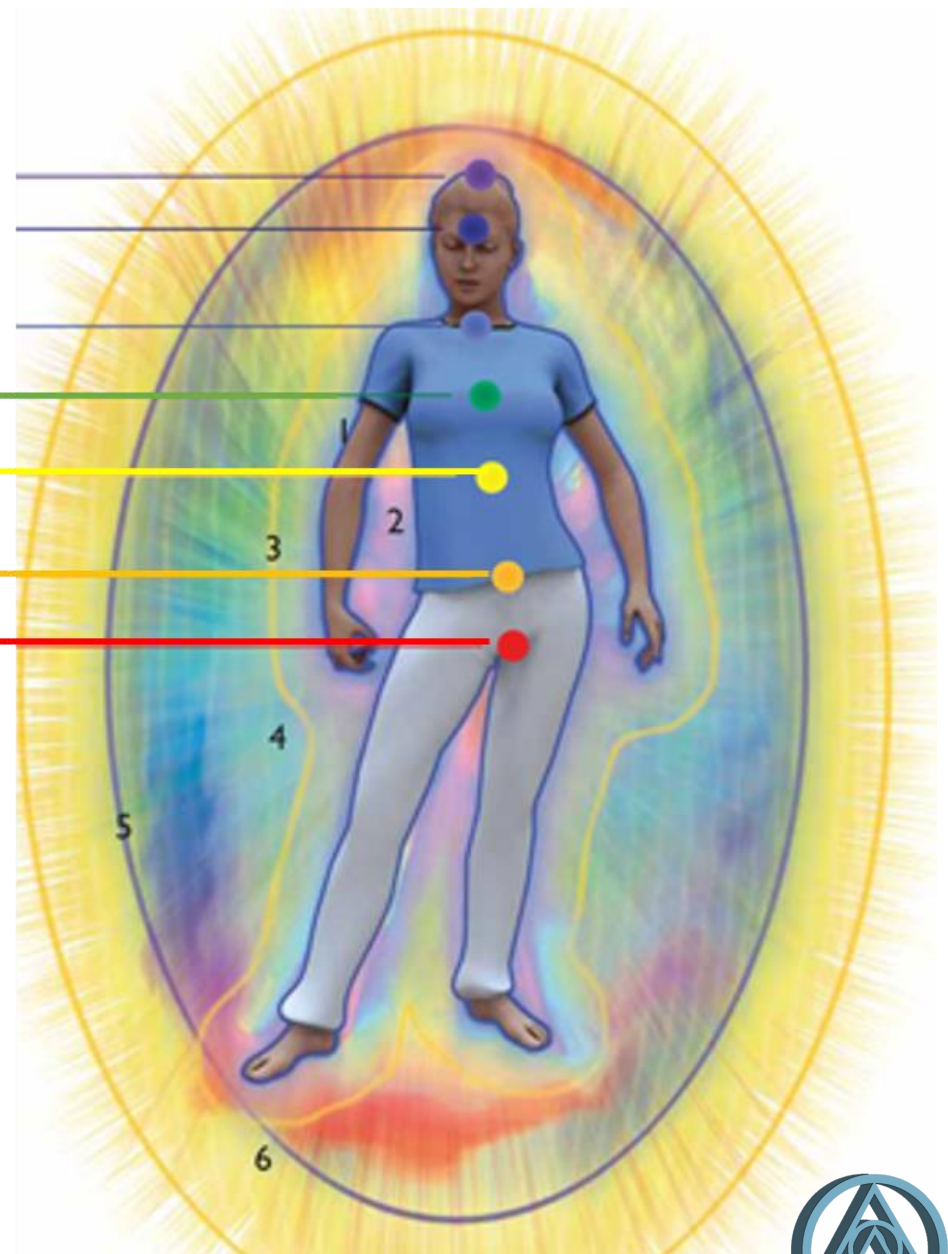
Amorphous rainbow of colours more dense than the astral body which radiates a predominant colour based on emotional state. Reactive feelings.

Correlate with **SACRAL CHAKRA**

## Etheric field – 1<sup>st</sup> Body

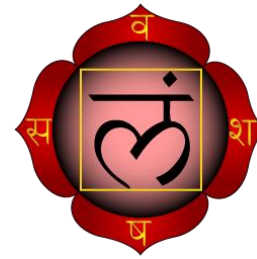
Blue grey structured gridwork which reflects the current state of physical body and is the densest of the subtle bodies .

Correlates with **BASE CHAKRA**



## Base Chakra

Connected to the Etheric body  
Domain of the Victim  
Empowered by Mastering Self Esteem



## Sex Chakra

Connected to the Emotional Body  
Domain of the Prostitute  
Empowered by Guardian of Faith  
Empowered by Mastering Self Worth



## Solar Plexus

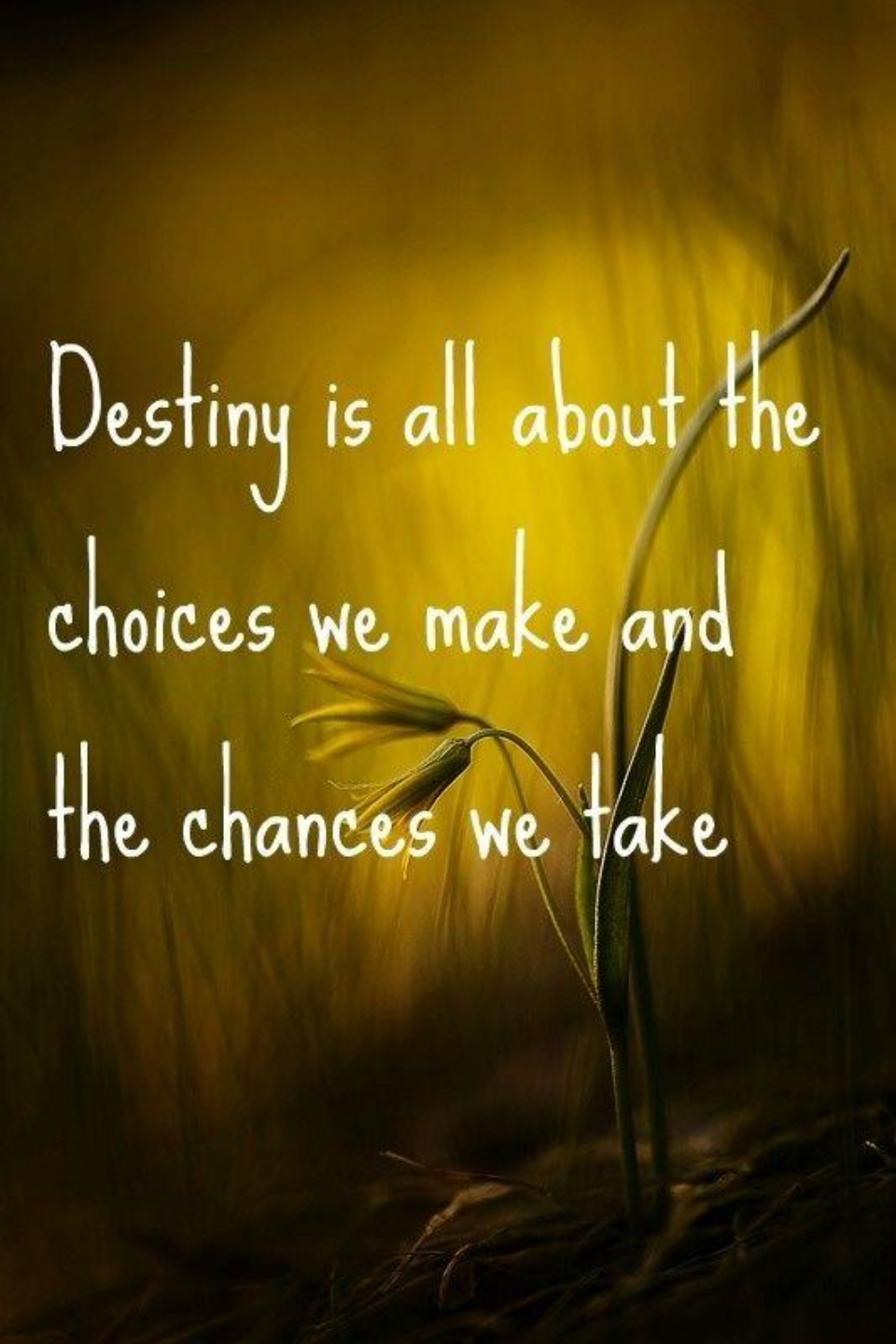
Connected to the Lower Mental body  
Domain of the Saboteur  
Empowered by Master of Choice  
Self Confidence



## Heart Chakra

Connected to the Astral Plane  
Domain of the Wounded Child  
Empowered by Divine Child  
Self Love (Light)





Destiny is all about the  
choices we make and  
the chances we take

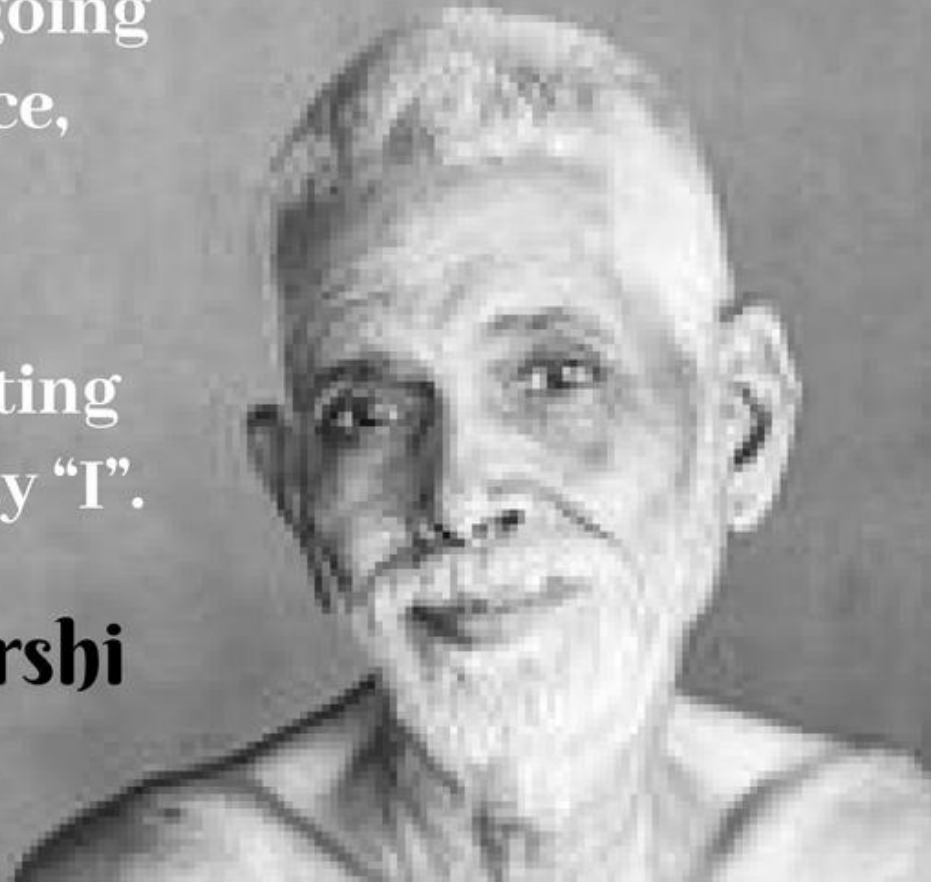
My Dearest Beloved  
Archetype, what do I  
need to do to achieve  
my Life Path – Destiny  
in this life?

# The method of Self-inquiry is:

to turn the outward-going mind back to its source, the Heart, the Self-Awareness, and fix it forever there, preventing the rising of the empty “I”.

**Sri Ramana Maharshi**

Guru Vachaka Kovai



How do I activate the Passion of Creativity through Self Inquiry?