

JULY 2021
21. Strengths

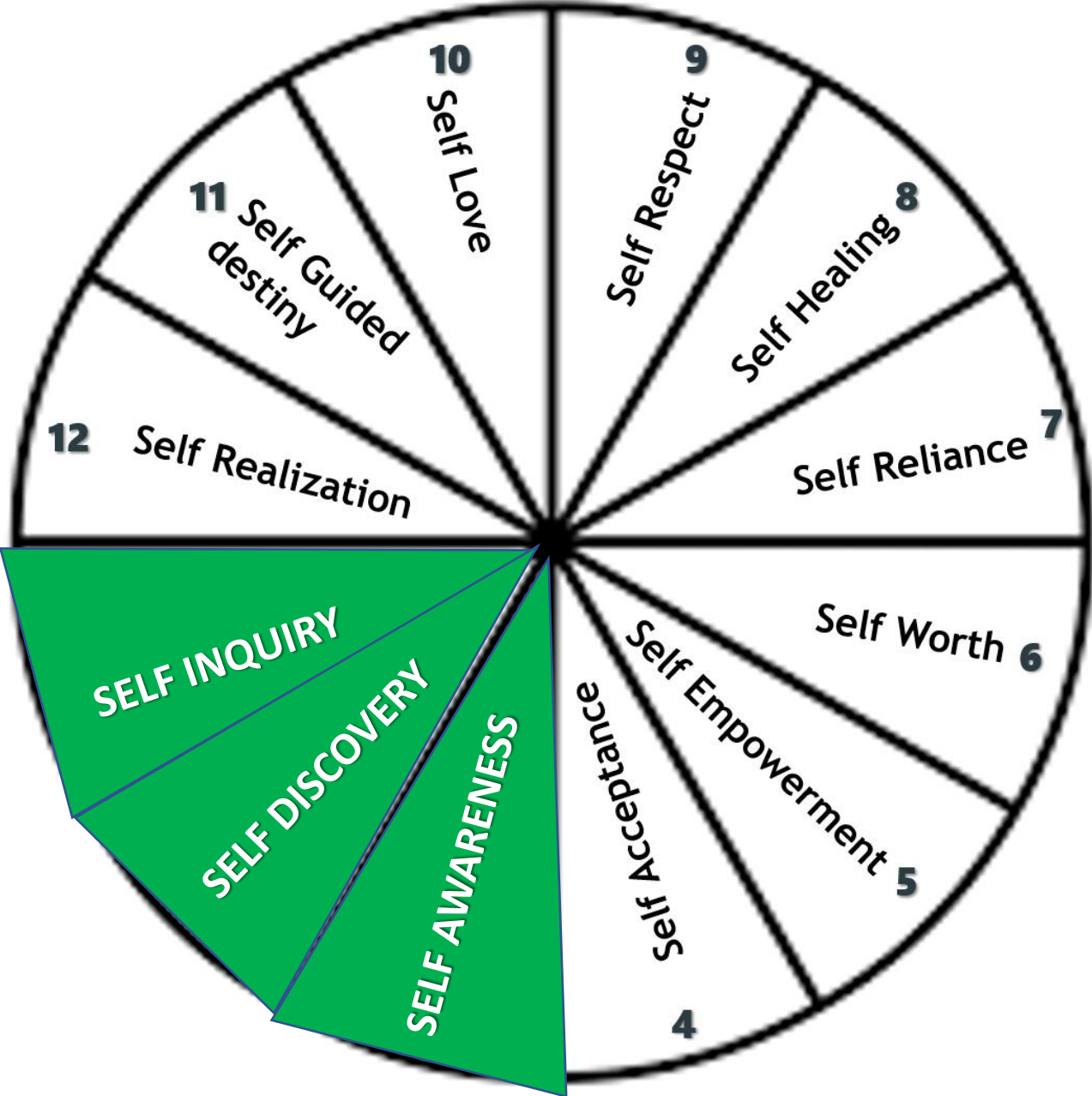
Turning
Your Talent into
a Strength



Third House

Represents:	Self Expression and Siblings
Interacts with:	Third & fifth chakra
Corresponds to:	Gemini

The challenge is to become conscious of your motivations. Every thought, word, action, and deed is an expression of your power and ultimately only two genuine motivations stir the psyche; the empowerment or disempowerment of the self and others



Themes Are the Basic Language of Talent

Executing	Influencing	Relationship Building	Strategic Thinking
Achiever	Activator	Adaptability	Analytical
Arranger	Command	Connectedness	Context
Belief	Communication	Developer	Futuristic
Consistency	Competition	Empathy	Ideation
Deliberative	Maximizer	Harmony	Input
Discipline	Self Assurance	Includer	Intellection
Focus	Significance	Individualization	Learner
Responsibility	Woo	Positivity	Strategic
Restorative		Relator	

- **Read and reflect on your results** to understand what you naturally do best.
- **Learn how to apply** your strongest CliftonStrengths every day.
- **Share your results with others** to create stronger relationships and improve teamwork.



STRENGTHEN

- 1. **Strategic**
- 2. **Individualization**
- 3. **Learner**
- 4. **Activator**
- 5. **Ideation**
- 6. Intellection
- 7. Achiever
- 8. Self-Assurance
- 9. Relator
- 10. Belief

NAVIGATE

- 11. Input
- 12. Responsibility
- 13. Command
- 14. Woo
- 15. Communication
- 16. Connectedness
- 17. Maximizer
- 18. Positivity
- 19. Futuristic
- 20. Empathy

You lead with **Strategic Thinking** CliftonStrengths themes.

~~EXECUTING~~ themes help you make things happen.

INFLUENCING themes help you take charge, speak up and make sure others are heard.

RELATIONSHIP BUILDING

This tells you the theme you use to express your talents



TALENT

Naturally Gifted by Birth(DNA)

SKILL

Learned by Practice



WHAT'S THE DIFFERENCE BETWEEN A STRENGTH AND A TALENT?

Simply put, a **TALENT** is your natural pattern for thinking, feeling or doing. It represents your potential

It's something you naturally do. It's the way that you naturally think or naturally feel or naturally behave.

It's your defaults.

While you can train yourself to think, feel, or behave another way, it can be like going against the grain and you're no longer leveraging your natural talent.



A STRENGTH

A strength begins with a talent . You discover, develop, and apply your talents to build your strengths. Your talents are a breeding ground for your strengths.

By starting with talents, you can accelerate your learning curve and get more return for the time and energy you invest. It's making the most of the hand you're dealt. A strength is developed through the conscious decision to develop the talent – As a result it becomes the ability to consistently provide near-perfect performance in a specific activity.



THE FORMULA FOR TAKING A TALENT AND MOVING IT TO A STRENGTH

TALENTS + KNOWLEDGE + SKILLS

-- along with the time spent (i.e., investment) practicing developing your skills, and building your knowledge base -- combine to create your strengths.

Although talents, skills, and knowledge are each important for building a strength, talent is always the most important. The reason is that your talents are innate and cannot be acquired, unlike skills and knowledge



Talent is “The Natural endowments of a person”

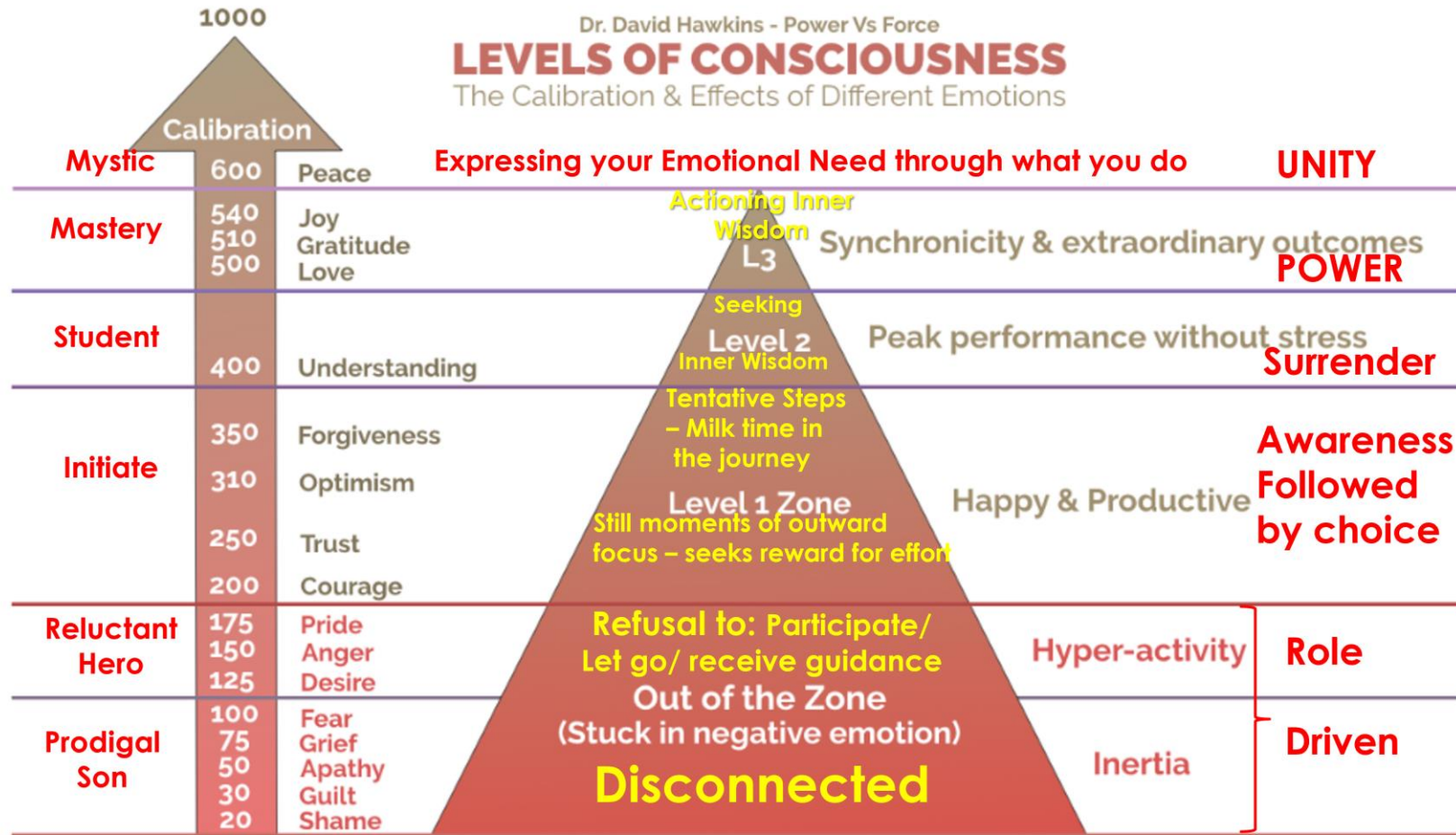
“An ability we are born with and are naturally good at without much practice”.

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Knowledge – is understanding how we uniquely use our talent in the world

Skill is the ability to use one’s knowledge, Skill is “the practice you continue to put into crafting our talents to be excellent”.

Dr. David Hawkins - Power Vs Force
LEVELS OF CONSCIOUSNESS
 The Calibration & Effects of Different Emotions



70 – 90% OF ALL ILLNESS IS PSYCHOSOMATIC



MAP

Talent Map For.....

SOUL

How this theme influences my relationship to self and others

Relationship Building

BE – FEEL = VIBRATION LEVEL

EGO

How this theme affects how I think about and analyse situations

Strategic Thinking

I AM – INTENTION – CONSCIOUS CHOICE

SPIRIT

How this theme influences my ability to execute and make things happen

Executing

Do - Taking Conscious Action

LIGHT

How this theme affects how I influence others

Influencing

Expansion – raise the vibrational level



TASK 1

Read through your Talent and gain knowledge about how it uniquely works for you.

Highlight words and passages that resonate with you



**THE ABILITY TO USE ONE'S ACQUIRED
KNOWLEDGE OF YOUR TALENT**

TASK 2



STRENGTHEN

- 1. **Strategic**
- 2. **Individualization**
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■ **RELATIONSHIP BUILDING**

USING ONE OF YOUR TOP STRENGTHS

List how you would use your knowledge of your talent in your external world

Following slides are an example of how to achieve this.

Talent Map For
Strategic
THEME

How this theme
influences my
relationship to self
and others

By using this strength I build a bond of trust with clients and others

In relationship to myself I will plot out my direction and use it to keep myself interested and moving forward

It also helps me to cull relationships that are toxic and move away from them
Helps me to put in boundaries that stops me losing energy to others

Gives me the ability to clearly state what I need

Relationship Building

MY EXAMPLE FROM 2014 – SOME INTERNAL AND EXTERNAL OBSERVATIONS

Talent Map For
Strategic
THEME

How this theme
affects how I think
about and analyse
situations

Helps me to compartmentalize and break
down problems/situations so I don't get
overwhelmed

Helps me to sum up the situation quickly
without having to over analyse

Gives me a strategy for how I approach
people and situations

Strategic Thinking

MY EXAMPLE FROM 2014 – SOME INTERNAL AND EXTERNAL OBSERVATIONS

Talent Map For Strategic

THEME

How this theme
influences my ability
to execute and make
things happen

Gives me a pathway
Helps me to review what needs to be done to
refine the process
Gives me sharp intuition especially when I
follow a gut feeling
An ability to look at a project from all sides
and to spot the pros and cons
Be quick to come up with alternatives
Find the gold in an event and extract the
lesson
I am very innovative and inventive and can
communicate that at a level that is easy to
understand

Executing

MY EXAMPLE FROM 2014 – SOME INTERNAL AND EXTERNAL OBSERVATIONS

Talent Map For
Strategic
THEME

How this theme
affects how I
influence others

Ability to express myself clearly and succinctly

Ability to inspire others to keep moving forward

Quickly spot patterns of behaviour in people and give them the skills to change

Empower others to map out a pathway for themselves

Influencing

MY EXAMPLE FROM 2014 – SOME INTERNAL AND EXTERNAL OBSERVATIONS



**MY CORE
NEED**



TASK 3

Using the Core Need that you chose for the Star work

And one of your top 10 Talents – choose one that you were a little surprised that it was there

Follow the formula of

- Relationship Building
- Strategic Thinking
- Executing
- Influencing

Write how you can build that **TALENT** into a **STRENGTH** to support and empower the Core Need



Dr Rosemary
M C C A L L U M | Speaker. Author & Authority.

1800 815 914

0402 664 706

rosemary@drrosemarymccallum.com

www.drrosemarymccallum.com

Cert. Gallup Strengths Coach



Dr Rosemary McCallum is a renowned keynote speaker, a published author and an authority in the field of implementing emotional culture and team engagement through Foundational Emotional Intelligence.

She has a 25-year record in activating the exceptional in over 3000 individuals. Rosemary is a gifted teacher, facilitator and mentor and uses a powerful unique blend of metaphysics and behavioural science in generating proven results.

Her success comes from her inherent ability to always be on the cutting edge of exploring and creating different ways for individuals and businesses to move forward with self knowledge, influential emotional culture, team engagement and achieving results.