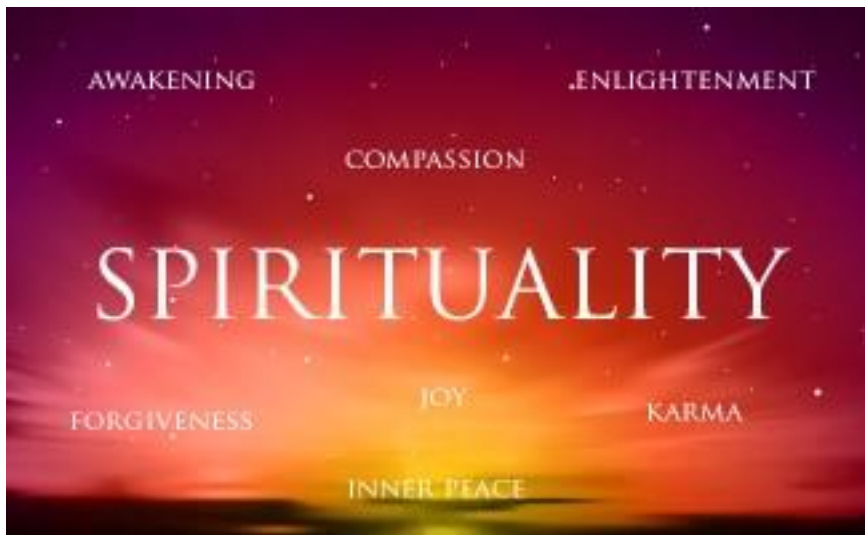




**MARCH 2021**  
**18. VALUES**  
**THE ENGINE ROOM**  
**OF YOUR DESTINY**



# WHAT'S GOING ON?



- ARCTURIANS - MARCH 13<sup>TH</sup>
- DIVINE CHILD MARCH 26<sup>TH</sup> – 28<sup>TH</sup>
- INNER CHILD APRIL 16<sup>TH</sup> - 18<sup>TH</sup>
- DIVINE CHILD FOLLOW UP APRIL 24<sup>TH</sup>
- CROSSING THE DRAWBRIDGE MAY 21<sup>ST</sup> – 23<sup>RD</sup>



Everyday life is full of situations and experiences that call for thought, decision making, and action.

We consider things like “Should I skip the party tonight to visit my grandmother at her nursing home?”

“Should I spend 30 mins longer at work to improve this project?”

The decisions we make and the courses of action we take are based on our beliefs, attitudes, and values; and it is these decision-led actions that, at least in part, make us who we are and how we are known to others.

**EVERYDAY**

vs

**EVERY DAY**



**YOUR TRUE CORE VALUES ARE YOUR NATURAL  
DRIVERS TO FULFILLING YOUR DESTINY**



# **Your Soul & Spirit is always in the present**

**When you move either side of that you  
experience depression or anxiety**

**Depression is the dis-ease brought on  
by unexpressed emotions from the  
past**

**Anxiety is the dis-ease of needing to  
control the future**



**Your ability to increase Life Force is  
only ever in the present moment  
– it is what is known as the Straight  
and Narrow path**



**X**  
**YOU ARE HERE**



Our power comes from to BEING our perfect self expression and aligning with our FREED SPIRIT.

In a nutshell, our core values reflect what is most important to us, and when our life is working well we are expressing them naturally. But when we are living in contradiction to them life can get a little tricky.

THE REAL VALUE OF SETTING GOALS IS NOT THE RECOGNITION OR REWARD, ITS THE PERSON WE BECOME BY FINDING THE DISCIPLINE, COURAGE AND COMMITMENT TO ACHIEVE THEM.



the Divine Principle of Active Power that permeates an orderly Universe through the Laws



Carries the understanding of Active Power.



Our Divine Essence uses Active Power.



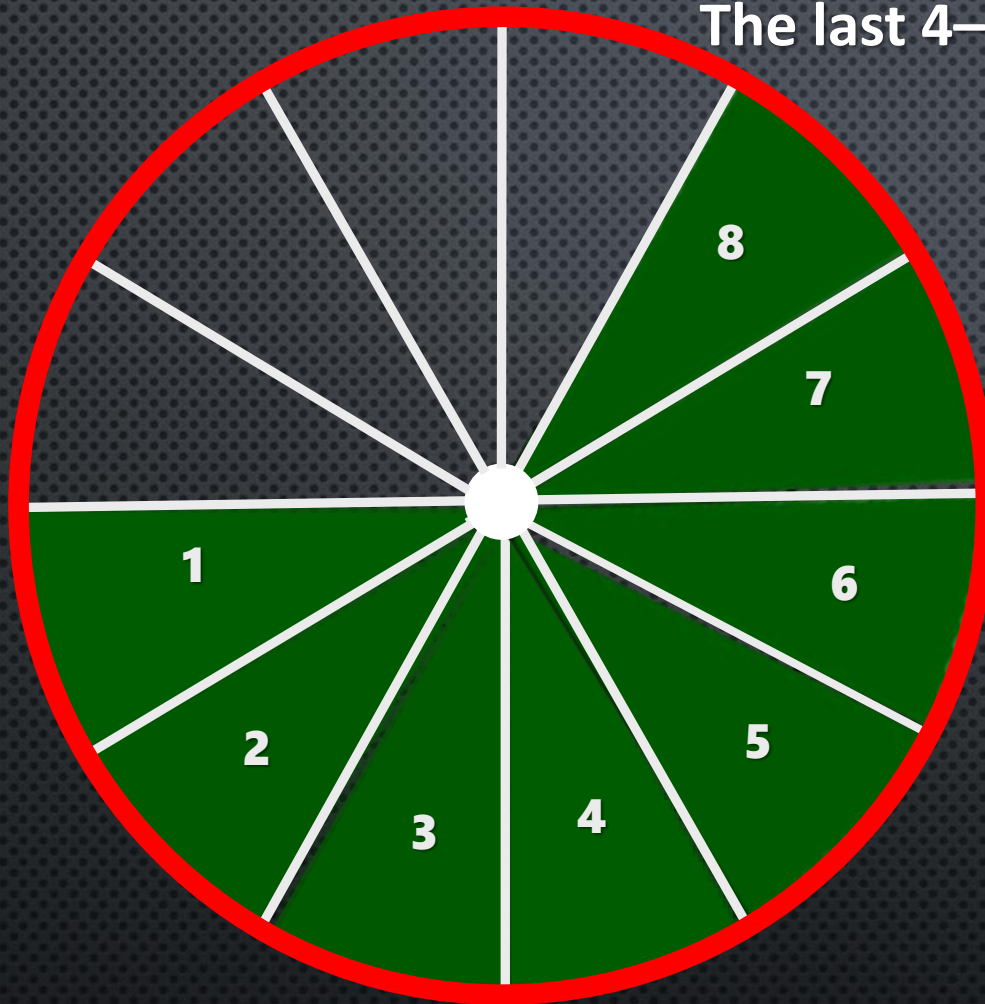
Knows and serves the Active Power.



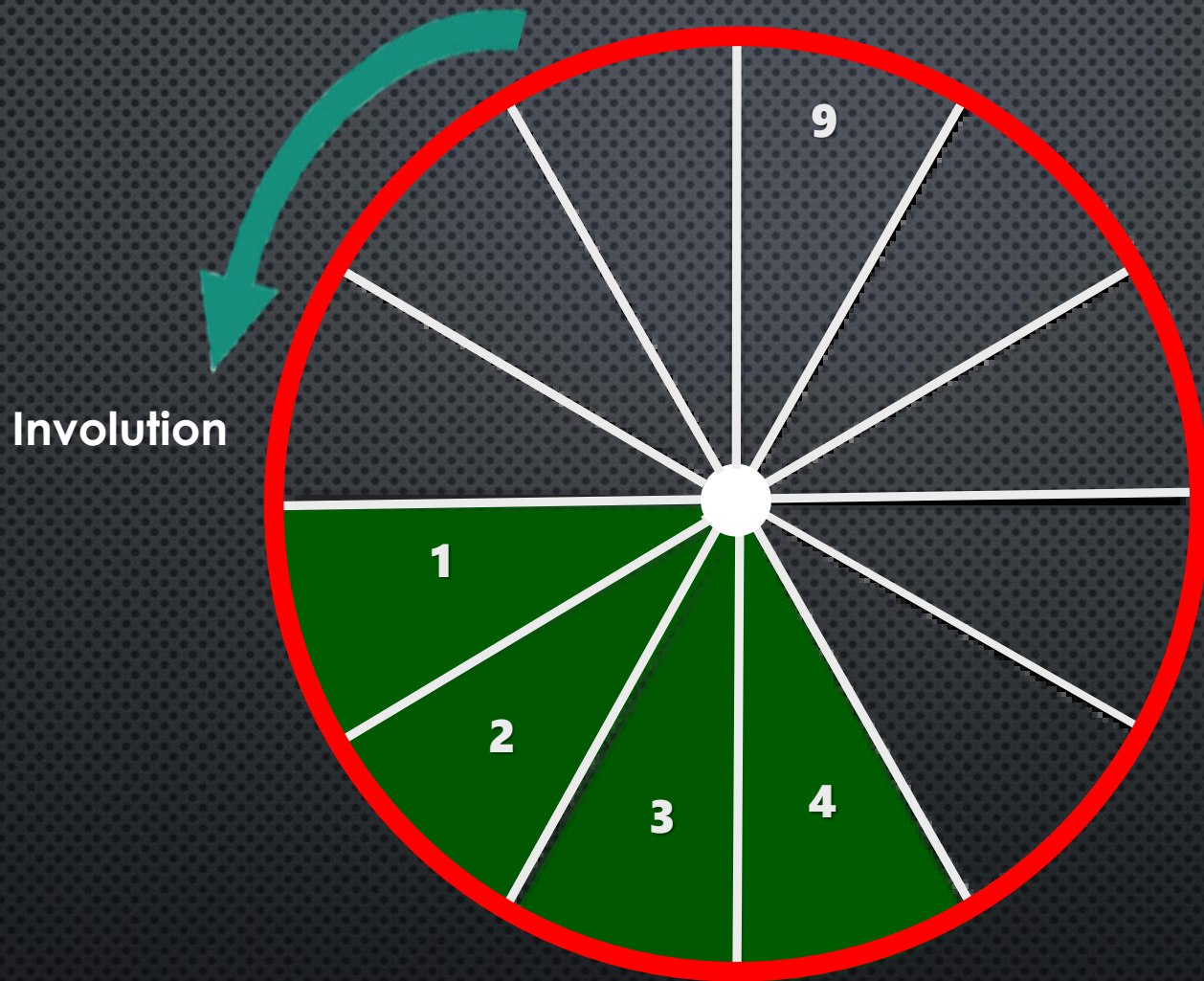
Actions the Active Power on a vibrational level of choice



## The last 4– Self Light



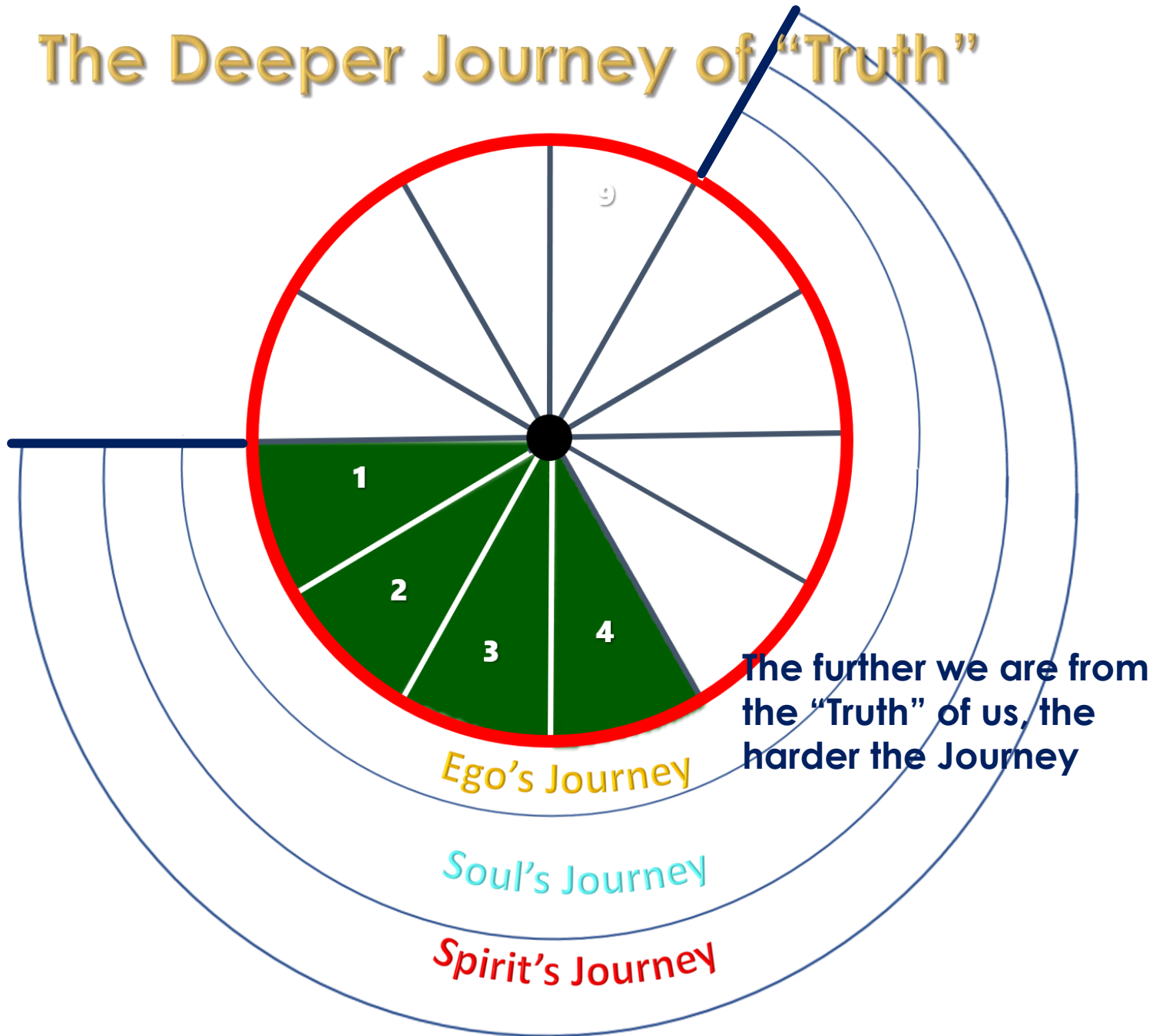
The first 8 Houses are responsible for self knowledge  
It is a process of forgiveness

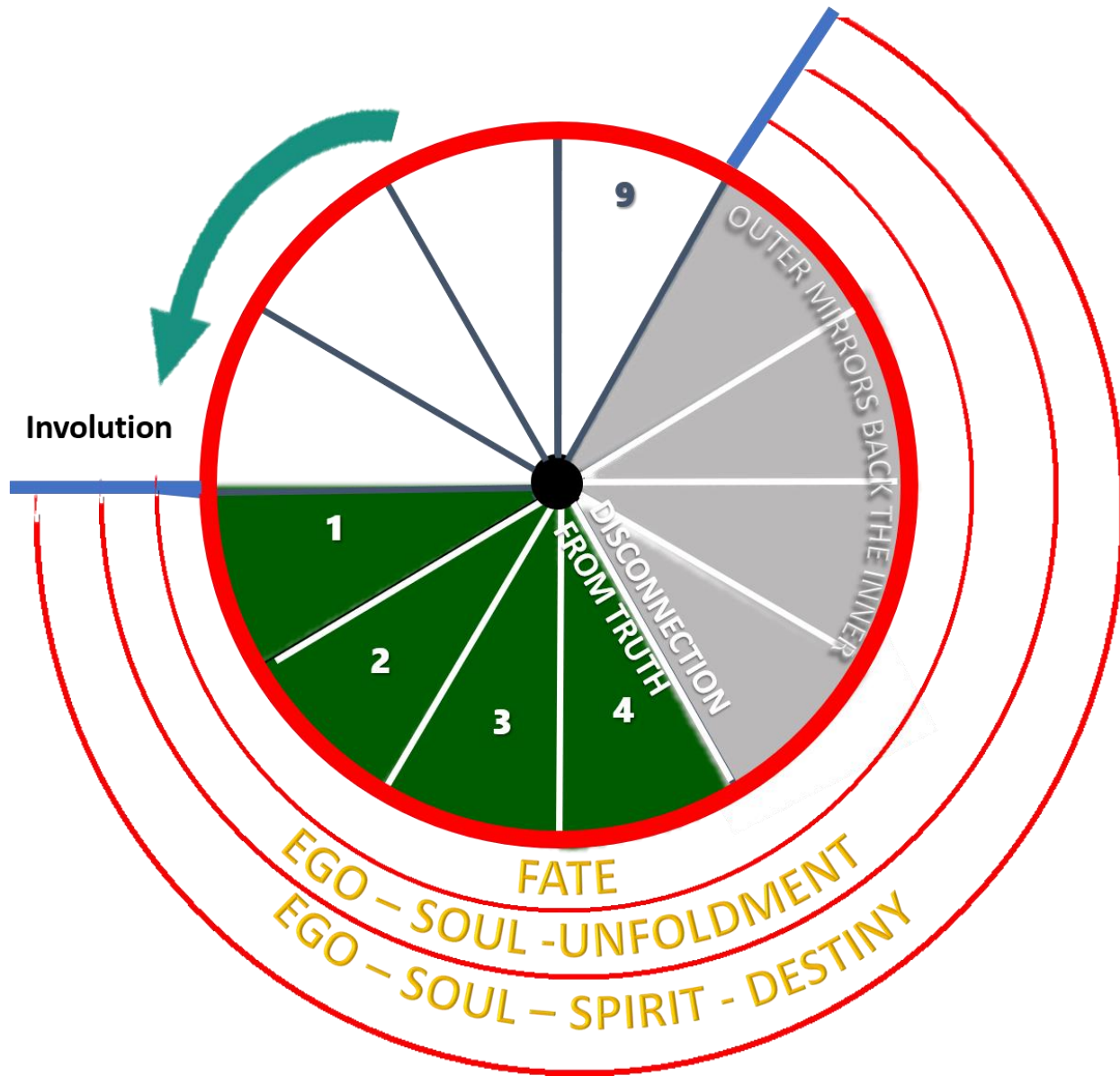


**Turning from Truth "If I do not know my Self,  
I must seek my meaning elsewhere."**



# The Deeper Journey of "Truth"









Our values are pushed into the shadow by the need for survival within the tribe of origin

We take on

- Parental
- Societal
- Economic
- Educational,
- Religious
- Political
- Ancestral
- Even sporting values





The Lower self is now out of the protection of Grace and becomes susceptible to other forces, fears, paranoia, torments and helplessness.

Life Force is reduced to a state that just keeps the body existing

## The Prodigal Son

Separation causes Lower energies of Shame - Guilt – Despair - Hopelessness



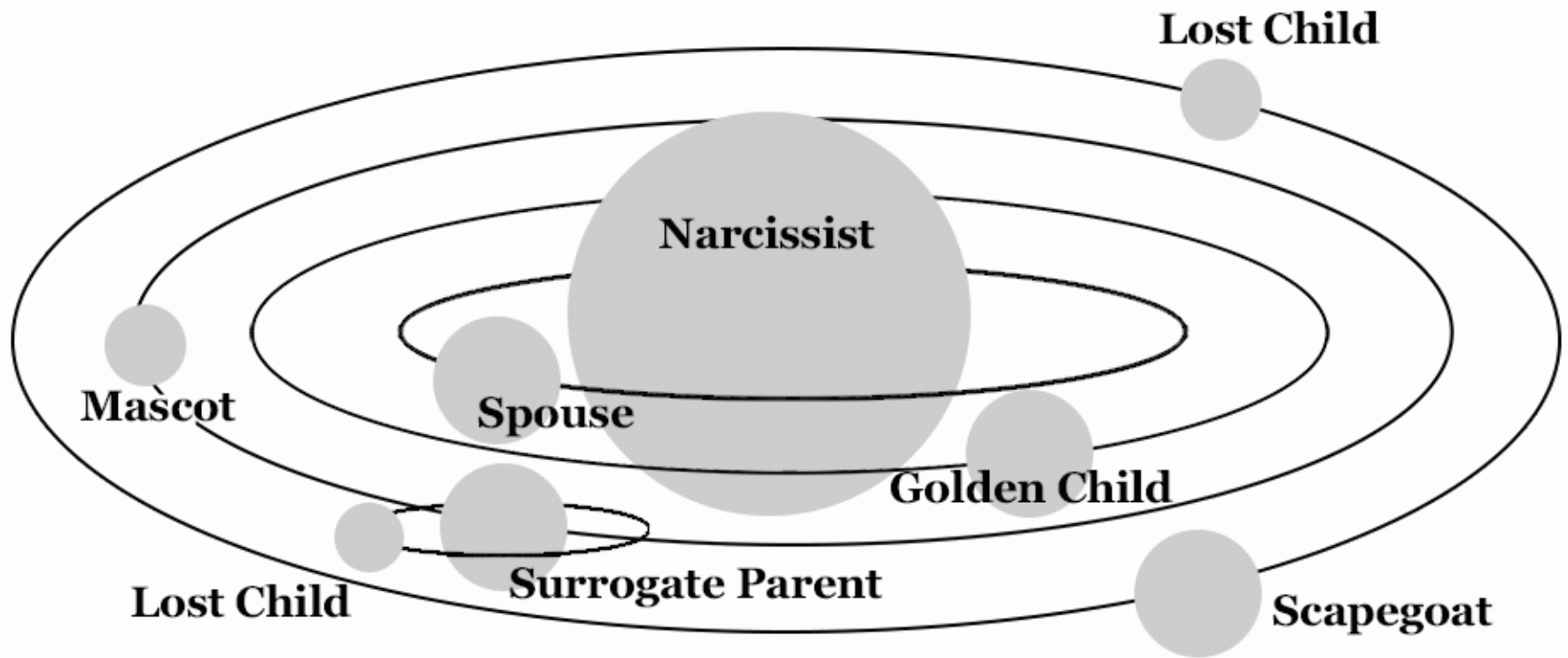
House 1 Loss of Identity – resulting in loss of Creativity & Confidence

House 2 Loss of Energy Life Force – Your true and greatest possession resulting in loss of Co-operation & Balance

House 3 Loss of Self Acceptance & the relationship to your True Self  
Loss of the ability of Expression & Sensitivity

House 4 Loss of your ability to stand firm inside yourself. To glean the gold from your journey, resulting in loss of Stability & Process

# OUR ROLE/S THAT WE TOOK ON, SEPARATES US FROM OUR DIVINE INHERITANCE AND CAUSES US TO WORSHIP OUR NACISSITIC DESIRE TO CONTROL





**Narcissism** is the pursuit of gratification from vanity or egotistic admiration of one's idealised self image and attributes.

It is the refusal to give up the illusionary image that we have created about ourselves in order to gain attention and power. It is egocentrism, which is the constant following of one's egotistical desires to an extreme and is a true sign of a lack of emotional intelligence.

We learnt that to get attention we create different roles and control dramas. Each deliver different degrees of energy by stealing it from the body's system.

Our delight in continuing our Sad Fuck Stories is a classic example of this perversion



Are you living your True Core Values or are you caught up in the Values system of your roles you took on in childhood?

# PLAYING OUT OUR *Childhood Role*

HOW YOUR CHILDHOOD  
SHAPES YOUR ADULT LIFE

MINDJOURNAL





LIVING A ROLE GENERATED  
VALUE CAUSES US TO  
EXPERIENCE ANXIETY WHICH  
IS IN TURNED ANGER ABOUT  
NOT BE CONGRUENT WITH  
THE TRUTH OF US

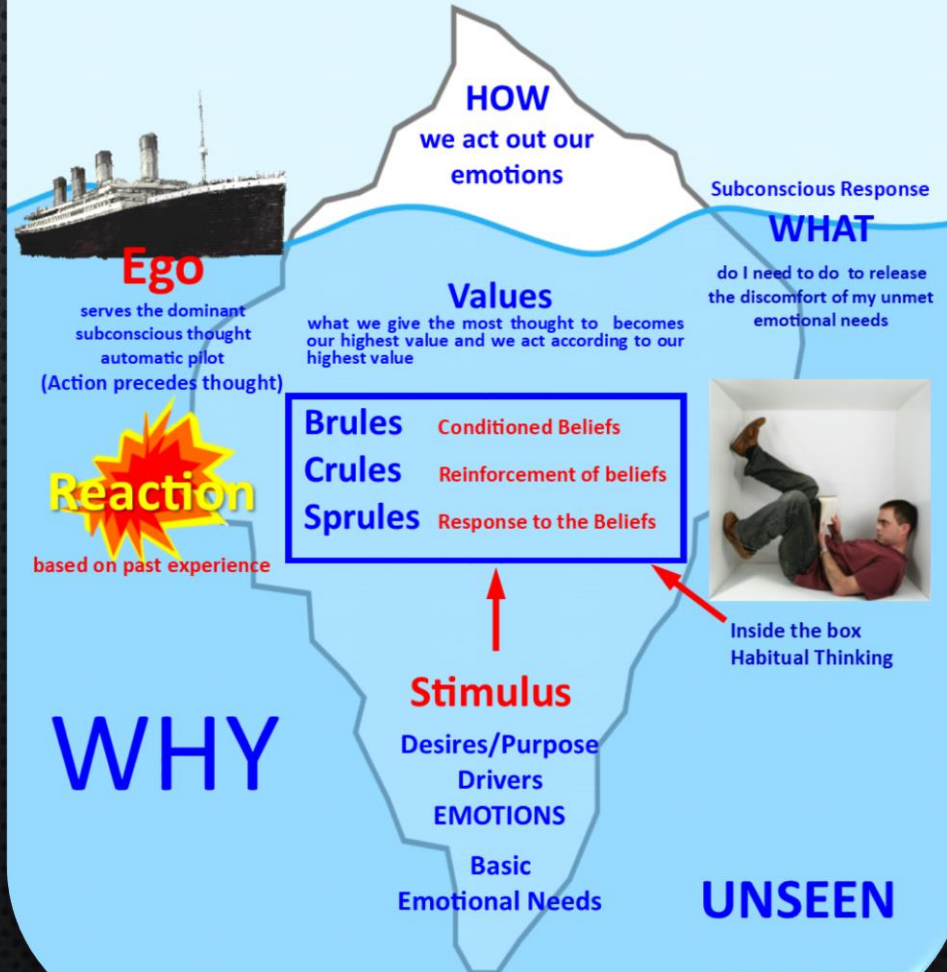


“Our anxiety does not come from thinking about the future, but from wanting to control it.” Kahlil Gibran

# Reactionary Behaviour

## Seen

Focus is placed here – this immediately brings up old limiting beliefs from the subconscious







### **Caretaker's Possible Values within Family Roles**

Admiration, Caring, Peace  
Duty, Control, Love, Doing



### **Rebel's Possible Values within Family Roles**

Challenges, Self expressing.  
Family, Truth, Connection,  
Freedom. Honesty



### **Hero's Possible Values within Family Roles**

Leadership, Recognition,  
Initiating, Success,  
Responsibility,  
Achievement, Respect .



### **Surrogate Spouse's Possible Values within Family Roles**

Trust, Loyalty, Intimacy,  
Communication, Relationships,  
Nurturing, Duty



### **Mascot's Possible Values within Family Roles**

Stress relief, Harmony, Fun,  
Playfulness, Excitement,  
Spontaneity, Humour .



### **Lost Child's Possible Values within Family Roles**

Autonomy, Imagination,  
Independence, Solitude,  
Creativity, Privacy, Fantasy

**WHERE ARE YOU PLACING YOUR TIME AND ENERGY?**

**ARE YOU BEING LOYAL TO SOMEONE ELSE'S DREAMS AND GOALS?**


**ARE YOU LIVING LIFE THROUGH SOMEONE ELSE'S LIMITED BELIEF?**

**ARE YOU TAKING TIME OUT TO FILL YOUR CUP?**



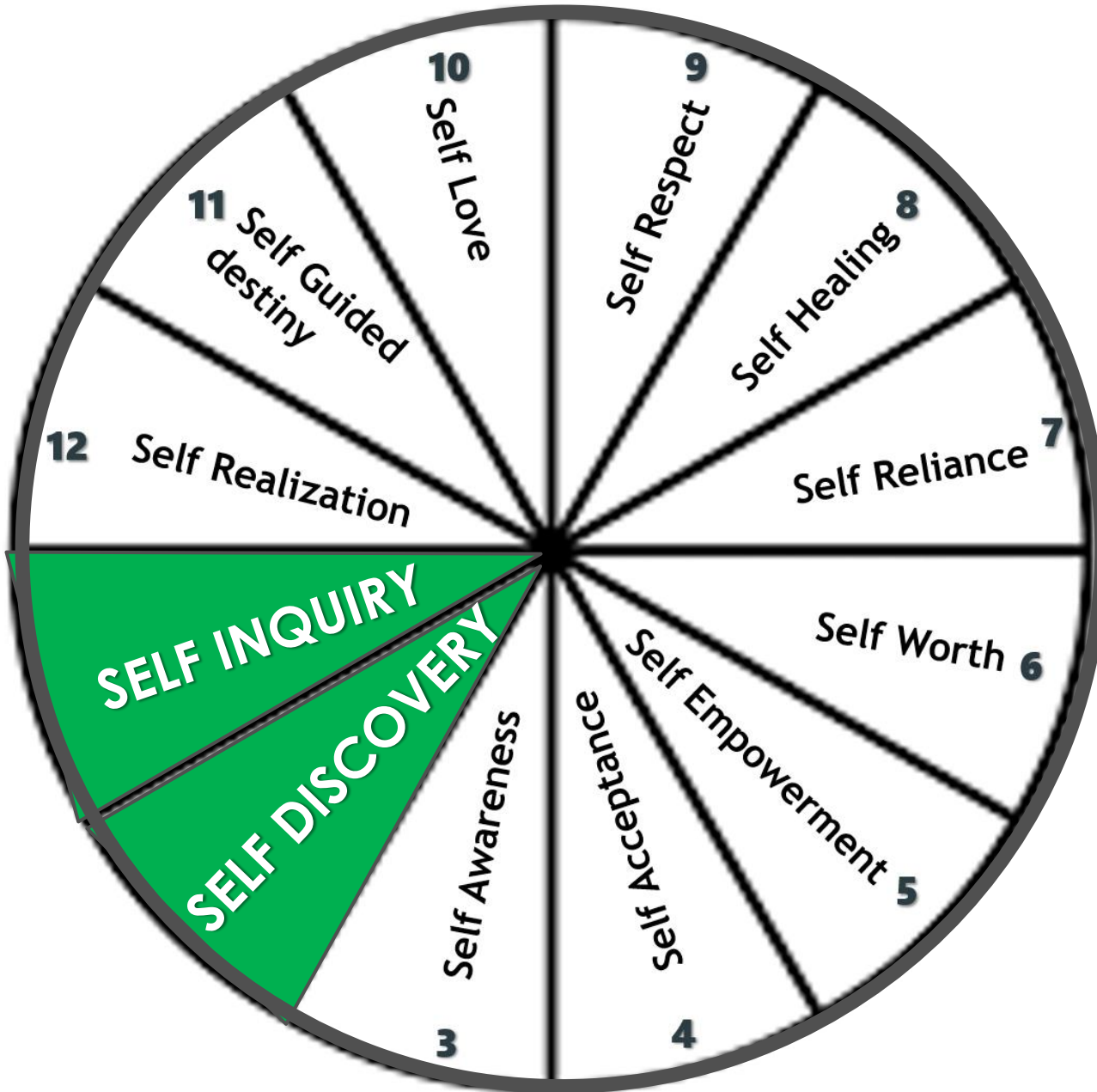


**Life Mastery is achieved through the Union of the CHOICE of your emotional vibration and the Conscious Values based decisions about how you live your life.**



**CHOICES**

**DECISIONS**





What

*motivates*

you?



To understand what is motivating your actions we use “values clarification” to help identify and clarify the values that influence our decisions and our behaviours.

# The **BIG** Question ?

“WHAT DO YOU WANT  
YOUR LIFE TO STAND FOR?”

Includes statements about the type of person  
you want to be and how you want to behave  
on a consistent basis



## Connected

## Value

## Self Worth

How great is the value of this

The Higher the Value  
the greater worth

What does Connected mean to me – meaning gives it purpose  
Write what Connected means to you

Ask the question – When I am connected how does  
that make me feel?

## Intuitive

and when I am being intuitive  
how does that make me feel?

## Secure

and when I am secure  
how does that make me feel?

## Strong

and when I am Strong  
how does that make me feel?

## Invincible

– Self Confidence expands  
giving you courage to achieve  
your life purpose's number

Self Esteem –  
To hold in high regard

As Self-confidence grows, we put higher value on our self-worth which  
in turns expands our self-esteem which then rebuilds our confidence  
until it becomes 2<sup>nd</sup> nature

**Once you start living by your values, life shifts in the most beautiful of ways.**

You don't hold on to the things that no longer serve you because you have everything you need within yourself.



It's not hard to make

**decisions**

When you know what  
your **values are.**

Roy Disney