

Men's Issues for the Male of Today

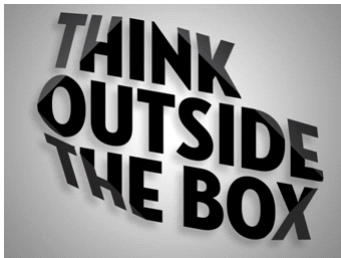
Life, Reality, Change, Choices

Empowered men make a difference in their world and the world around them.

Life is meant for living so let's get moving

- ◆ Grab life and really live
- ◆ Removes the blockages that stifle you
- ◆ Stop procrastination in its tracks and move forward confidently
- ◆ Stop destructive habits
- ◆ Let go of anger that alienates you from others
- ◆ For satisfaction in areas in your life
- ◆ Create a future that supports your goals
- ◆ Remove fears and blockages
- ◆ Discover what is holding you back from having a truly intimate relationship
- ◆ Discover the joy and the reward of being an involved father
- ◆ Remove old beliefs that hold you back in your career
- ◆ Remove addictions that are affecting your health
- ◆ Lift out of depression into a brand new way of seeing life
- ◆ Experience the liberating power of CHOICE

Men choose to be happy, unhappy, successful, miserable. Misery is also a choice. It is not optional and not inevitable, men create change in life by changing belief.....



About Andrew McCallum

Andrew has been an experienced facilitator, coach and mentor for the past 20 years.

Andrew is a potent agent of change. He comes with a wealth of knowledge not just theory which has been honed through personal experience, study, reflection and action.

Whether you choose to work in a

- one on one session
Conducted face to face or via phone
- or join a group exploration

you will receive the knowledge, skills and tangible applications to create a life that is truly your own.

You can be confident in the fact that all sessions are confidential and your journey to self empowerment is Andrew's passion and commitment



Andrew McCallum



NLP Practitioner
Diploma – Life Coaching
Diploma Professional Counseling
Diploma Education
Workshop & Seminar Facilitator
Activational Speaker

Helping you make liberating choices about your personal life, career and business

☎ 0419 372 705

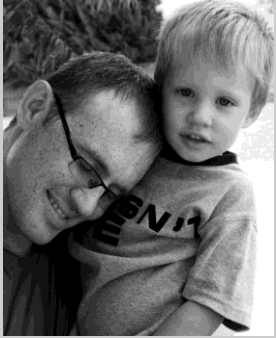
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For Blokes Only

Men as Fathers



Fathers, like mothers, are not born. Men grow into fathers and fathering is a very important stage in their development.
-- David Gottesman

Discovering the changing role of fathers and how you can become the father of "today"

- ◆ Who is the father and what does he stand for in the 21st century?
- ◆ What is your greatest strength as a father?
- ◆ What does your family need most from you?
- ◆ What have been some of the recent challenges for fathers?
- ◆ How can we manage those challenges?
- ◆ Great we are pregnant – what are your fears about becoming a dad?
- ◆ The changing relationship between father and son and putting the father-son relationship in perspective as the years progress.
- ◆ Deepening the father child relationship through affection and how to learn how to learn that when it was missing in your own childhood

Contact Andrew now on 0419 372 705
for dates and times for our informative and life changing
Introductory Sessions

Blokes in Relationships

Most blokes desire a solid loving, safe and long term relationship with a partner that contains a reason to love, support and protect.

Do you truly know what a bloke needs to be, give and look for in order to have that?

How much of your school life was dedicated to teaching you about the necessity of a strong loving relationship?

What are the ingredients required to help sustain it through difficult times?

Like parenting somehow we were just supposed to know and the only way we got some glimpses as to how it worked was through our own parent's modeling or at the movies.

Would it surprise you that a strong enduring relationship requires mature adult "Interdependence"?

Which involves communication about the foundations of how to create that interdependence and incorporation of the three distinct components that create an enduring relationship.

1. You as an individual with you're your own Values, Needs, Desires and Wants
2. Your Partners Values, Needs Desires and Wants
3. The Relationship including communicating about

Intimacy
Shared Vision
Purpose and Intention of the Relationship
Commitment
Synergy

Understanding how we operate in a relationship and what beliefs we may need to change to enhance it gives us the chance to experience how good a relationship can be.

It provides answers as to what our individual best assets in a relationship are and a format to model great relationships for our children.

Individual and group sessions are available for this important area of our life

Blokes of Determination



There is nothing more impressive than when a man is in full flight to conquer his world if dream, plans and grand purpose!
.....Andrew McCallum

A man's belief in his dreams and understanding of himself is significantly empowered when he is heard, understood and given wisdom of experience by other men within an accepting and supportive group.

Most men in Australia are affected by coping with issues on many different levels

It may be about

- *Your work*
- *A Business*
- *A hobby*
- *Sport or recreational pursuits*
- *Or the contributing to your community /country*
- *Balance between personal pursuits and family*

Unfortunately only a few fortunate men in our society have a positive opportunity to share their true feelings, concerns and experience camaraderie in a way that could make a major difference in their lives.

Without this support statistics show that men are more likely to slip into depression and withdraw from their family, workplace and life in general

BOD (Blokes of Determination) meets fortnightly to discuss, encourage, enhance and build a strong community of men who want to make a difference in their own lives, and reflect that difference in their families and communities at large.

In hard times it supports and helps the individual to find hope and rebuild good mental health



Contact Andrew now to discuss how YOU can experience the power of a men's group